

THE PRESCRIPTION OF DIVINE GRANT

The beginning is the book of Allah, then studying what is necessary from the legislation of Allah, then following the prescription of righteous people everywhere and at all times by which they reach grants from Allah. The prescription is, to lessen speech, sleep, food and to remember Allah without stopping. This is the prescription of righteous people even those who were known for divine ecstasy, leaving this life and its desires totally, like master Ahmed Al-Badawy, he was totally in ecstasy to Allah:

- But he firstly studied the noble Koran and intoned it.**
- Then he studied the seven narrated transitions.**
- Then he studied jurisprudence following Imam Ash'shafey.**
- Then he met his sheikh, he was Sheikh Ber'ry, he was one of the students of master Ahmed Ar'refaey and took his Awrad (remembrance) from him.**
- Then he stayed in the hermitage, it was Heraa' cave.**
- After he first struggled to be silent until the people of Mecca nicknamed him, the silent, he only spoke if there was a necessity, this is the feature of those who want to be righteous and to get grants and success from Allah, to lessen speech in order to talk with Allah.**
- He continued like this, worshipping Allah until grants came to him from Allah, what were his Awrad?**

He used to spend nights worshipping Allah, he used to recite Koran from midnight until dawn and says to his student Abdel-Aal: O Abdel-Aal, two prostrations at night are better than a thousand prostrations at day. Did he have

time for inattention, forgetfulness and amusement like what followers nowadays do? At the same time they are in a hurry for grants from Allah and say that they spent many years without grants from Allah.

His student, master Abdel-Aal said:

I lived forty years with master Ahmed Al-Badawy, I never saw him forgetting Allah for a twinkling of an eye or less during that period.

All righteous people are the same. Imam Abul-Aza'im was like this and used to stay nights reciting the book of Allah, if he wanted to sleep he asked someone beside him to recite the book of Allah until he sleeps, then the reciter stops when he sleeps, but he tells him to continue, the reciter sometimes mistook and he corrects him while he was asleep.