

## *Nawafel (optional deeds)*

What are the Nawafel righteous people used to do to be loved by Allah?

***"My servant still does Nawafel (optional acts of worship) until I love him."***

They are the same Nawafel our master the messenger of Allah (May the blessings and peace of Allah be upon him) used to do for Allah's sake and Nawafel that follow Fara'ed, he (May the blessings and peace of Allah be upon him) said about them what means:

***"Whoever prays ten Raka'at (prostrations) during a day and night, a palace will be built for him in paradise."***

He (May the blessings and peace of Allah be upon him) used to pray:

Two prostrations before the Morning Prayer, two prostrations before the Noon Prayer and two prostrations after it, four prostrations before the Afternoon Prayer, two prostrations after the Sunset Prayer and two prostrations before the Night prayer and two prostrations after it.

If man performed ten prostrations of these, a palace will be built for him in paradise, there are different narrations about the ten prostrations, the most famous among them is that was narrated after Nafe'a after Ibn-Omar, he said:

***"Ten Raka'at the prophet (May the blessings and peace of Allah be upon him) used to keep to them; two prostrations before the Noon Prayer and two prostrations after it, two prostrations after the Sunset Prayer, two prostrations after the Night Prayer and two prostrations before the Morning Prayer." In another famous narration he said: "I kept after the messenger of Allah ten prostrations he used to pray in days and nights, (and he mentioned the ten prostrations)."***<sup>1</sup>

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<sup>1</sup> It was narrated after Ibn-Omar in Mosnad Al-Imam Ahmed Ibn-Hambal, the second narration in Sonan Al-Bayhaky Al-Kobra after him, it is also narrated by Al-Bukhary in Al-Saheeh after Solayman Ibn-Harb.

The assured Sonan that the messenger of Allah (May the blessings and peace of Allah be upon him) used to keep to them and recommend his companions to keep to them, what are they?

Our master Abu-Hurayrah said about them:

***"My close friend (May the blessings and peace of Allah be upon him) recommended me three things; to fast three days a month, (to perform) two prostrations at forenoon and to perform a single prostration before going to bed."***<sup>2</sup>

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<sup>2</sup> It was narrated in Saheeh Al-Bukhary after Abi-Hurayrah.